



INDO PUBLIC SCHOOL

Ahead of Amravati University, Mardi Road, Indla,
Amravati – 444 602.

AFFILIATION NO. 1130134

UDISE NO. 27070206503

**CELEBRATION OF
RASHTRIYA POSHAN MAHA**

RASHTRIYA POSHAN MAHA

Every year the Poshan Maah is celebrated under POSHAN Abhiyaan (PM's Overarching Scheme for Holistic Nourishment), which was launched in 2018.

In the month of September 2021, the students of Indo Public School, Amravati observed and participated in the 4th Rashtriya Poshan Maah Celebration.

Success begins with hard work.
Happiness begins with good health.
And good health is the result of good food habits.

With full zeal and zest, The Students-The passionate minds and the ignited souls holding a great desire to bring transformation in the society, pulled up their socks to create awareness regarding healthy food habits and the importance of a balanced diet, set their feet forward to accomplish their target.

The students shared healthy, nutritive food with the underprivileged section of the society and talked to them about the importance of nutritive food, health and hygiene.

They also went in for kitchen gardening and grew different kinds of plants at home. The students paved the way to show that-

It's not about being perfect, it's the effort and that first little but right step that leads you towards an incredible change.

While indulging in the activities, the students also had a first hand experience which left a permanent impression on them that inculcated the value of food, balanced diet and its significance..

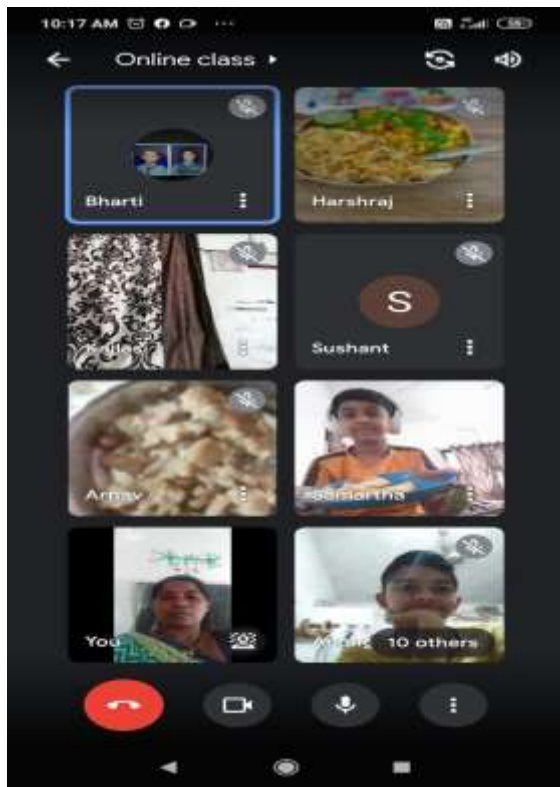
Students Creating Kitchen Garden



Students Offering Nutritious Food to the Underprivileged



Online Session on benefits of Nutritional Diet





Thank you

Vijaya Bagaddeo
Principal

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